

BMYSA Winter Indoor Futsal / Soccer Winter 2010 Sign Up Sheet

FUTSAL STYLE – FIVE A SIDE SOCCER – THE BEST INDOOR GAME FOR ALL AGES

JANUARY 8, 2010 – MARCH 15, 2010

AT PENN STATE WILKES-BARRE (LEHMAN, PA)

ALL AREA INTRAMURAL & TRAVEL TEAMS ARE INVITED!

Dear Coaches,

We are returning this winter with our indoor Futsal program. It has proven to be very popular not only with younger players, but with teenagers as well. Please consider joining with us.

What is Futsal?

Basically it is outdoor soccer played indoors. Futsal is a small-sided game (5v5 including the goalkeepers) played on a small field roughly the size of a basketball court.

In our program, all games are 5v5 including the goalie except U6 & U7. U6 & U7 do NOT use goalies.

The game does not require the use of boards. The Futsal ball, also known as a reduced bound or low-bounce ball, is smaller than a normal outdoor soccer ball and heavier. The special low bounce ball necessitates players to use their skills, rather than the ball's bounce to propel it. The sport is a great skill-developer, demanding quick reflexes, fast thinking, and pin-point passing. These properties are specifically designed to build confidence and develop skill and technique. When a futsal ball is received, it 'sticks' to the foot. This builds great confidence in tight spaces when rapid passes are being issued repeatedly. The same property which makes the ball easy to receive makes it more difficult to strike. A futsal ball gradually eliminates the 'lazy pass'. It is heavier and players rapidly get acquainted with the technical aspects of bending the knee, turning the hips, and striking the ball firmly. Repeated touches on the ball eventually produce a motion which, when transplanted outdoors with a high bounce ball, translates into a firmer and proportionately longer pass appropriate for the big field.

Many programs around the world believe that smaller ball encourages more precise striking of the 'sweet spot' of the ball. If one works during the off-season on striking a futsal ball, then a larger bouncier ball is struck with greater confidence and authority in the outdoor game.

The priority in Futsal is to motivate players in an environment that is conducive to learning. The more pleasure kids derive from their participation, the more they wish to play and practice on their own. While their instinct to play is natural, their affection and appreciation for soccer must be cultivated.

Futsal in the Back Mountain!

We now join players of all ages in over 100 countries. Futsal is the official indoor soccer game recognized by FIFA. Many of today's world stars began their youth soccer by playing Futsal. The Brazilians attribute their world soccer success to Futsal. Pele, Zico, Socrates, Ronaldo and Bebeto grew up playing Futsal and credit Futsal with developing their skills.

Basic Rules for the Futsal Game

No off-sides. When the ball goes out of bounds over the sideline (touchline), it is put back into play with a kick-in. The kick-in can not go directly into the goal. When the ball goes out over the end line, it is put back into play either by throwing the ball (goalie clearance), or awarding a Corner Kick. Players can score from anywhere on the field. Substitutions are made on the fly, including the keeper.

Fair Play- New Divisions

We will set the schedule for the first three weeks of the session to observe the teams. At that point we may adjust the teams and divisions to make the play fun, fair and rewarding.

Proposed Age Group Schedule

Age Groups	Day of Games	Length of Games
U6 Coed	Friday Night	28 Minutes
U7 Coed	Friday Night/Sat. Morning	30 Minutes
U8 Coed	Saturday Morning	36 Minutes
U9 & U10 Coed	Saturday Afternoon	36 Minutes
U11 & U12	Saturday Afternoon	40 Minutes
Over 13/Open Coed	Sunday Afternoon	48 Minutes

Teams and individual players welcome.

Coaches start forming your roster now. Early payment discounts.

Players seeking a team can sign up online at www.bmysa.org

Questions? You can learn more by going to www.futsal.com

BMYSA Winter Futsal / Soccer

Fustal Style five-a side-soccer
January 8, 2010 to March 14, 2010 at PennState (Lehman)

Head Coach Name _____
Home Phone _____
Cell Phone _____
Email _____

Asst. Coach Name _____
Phone _____
Email _____

Team name request: _____
Jersey color request: _____

Requested age group (circle one)
U-6 U-7 U-8 U-10 U-12 Middle School High School
Requested level (circle one)
INTRAMURAL COMPETITIVE

R = EPYSA registered or N = new registrant Please circle one: Boys Girls Co-Ed

Last name	First name	R/N	Phone	Email (please print clearly)	Birthday
1					
2					
3					
4					
5					
6					
7					
8					
9(+\$10)					
10(+\$10)					

Eight player team. Extra players \$10.00 each, EPYSA registration (if new player) \$8.50 Cost includes: shirts, referee fees & 10 game schedule.

Early team registrations \$375 before October 31st

Team registration prior to November 30th \$425

Final team registration up to December 15th \$475

\$50 Discount for teams with their own uniforms.

Note Additions or Subtractions: _____

Games will be played Friday evenings through Sundays. All area teams are invited to participate. We will make every effort to fulfill your request and keep the competition fair and rewarding.

Players who wish to participate but don't have a team, please go to our website at www.bmysa.org and click on the winter indoor soccer link.

Please make check payable to BMYSA
Sorry no money orders.

Mail this form to:
BMYSA Box 456
Dallas, PA 18612

Amount enclosed
\$ _____